EYE COOK

Time for Dessert

Clafouti with Blue Berries and Cinnamon

Clafouti with Blue Berries

While summer fruits are making their final appearance, it’s time to consider dessert. We’ve updated the Eye Cook section of the DEF website to include recipes organized by part of the meal—starting with dessert. Here are a few options to consider:

**Clafouti with Blue Berries and Cinnamon**

Preheat oven to 350° F.

1. In a large bowl, beat 2 eggs.
2. Add 3/4 cup of milk, 1/4 cup of sugar, 2 tablespoons of flour, and 1/2 teaspoon of vanilla. Mix well.
3. In another bowl, mix 2 cups of blueberries, 1/4 cup of sugar, 2 tablespoons of flour, and 1/4 teaspoon of cinnamon.
4. Pour the egg mixture into a 9-inch pie plate.
5. Layer one-third of the blueberry mixture over the egg mixture, then pour remaining egg mixture over berries.
6. Sprinkle remaining blueberries and cinnamon over pie mixture.
7. Bake for 25 minutes or until top is brown and filling is firm.

This dessert is a little custardy, a little tart-y, a little fruity and luscious berries with a hint of cinnamon. A perfect end to a meal on the patio or by the pool. Serve warm or cold with a dollop of freshly whipped cream. Enjoy!

---

**Macular Degeneration is the Star of this Spot**

We have just published a completely revamped section of the DEF website that is dedicated to helping you help others keep their sight. The new section is chock full of important and simple-to-understand information about how to leave your legacy of vision.

Learn about wills and living trusts, charitable gift annuities and remainder trusts, and gifts from your retirement plan or charitable trust.

We have just published a completely revamped section of the DEF website that is dedicated to helping you help others keep their sight. The new section is chock full of important and simple-to-understand information about how to leave your legacy of vision.

Learn about wills and living trusts, charitable gift annuities and remainder trusts, and gifts from your retirement plan or charitable trust.

To leave a legacy of vision, go to www.discoveryeye.org and make your gift to help those affected by macular degeneration (AMD).

---

**A VISION FOR THE FUTURE**

LEAVE YOUR LEGACY OF VISION

A Vision For the Future

LEAVE YOUR LEGACY OF VISION

Meet the Researcher

**Meet the Researcher cont'd**

Dr. Kevin Schneider

Kevin Schneider was a dad, always ready to be a dad, but I, of course, never thought that I was going to be a dad. It was a little bit of a surprise. I was always thinking about the future and what I wanted to do, what I wanted to accomplish. I had a PhD in molecular biology and I wanted to pursue a career in research. I was really interested in biotechnology and I wanted to do something that was going to make a difference in the world.

One day, I was talking to my lab manager and she mentioned that DEF was looking for a researcher to work on a project related to macular degeneration. I was very interested in that field and I thought that it would be a great opportunity to work on a project that could potentially have a significant impact on people’s lives. So, I decided to pursue that opportunity.

While working on this project, I discovered that there were some very interesting things that could be done with compounds that induced or protected against oxidative stress, which led to some of my key discoveries. One of the most exciting things that I discovered was that there were certain compounds that could prevent or delay the onset of macular degeneration.

This discovery was a turning point in my career and it has allowed me to continue my work on other diseases as well. I am really happy with the direction that my research is taking and I am excited about the possibility of making a real difference in the lives of people affected by macular degeneration.

Kevin Schneider is a researcher at DEF and is currently working on a project related to macular degeneration. He is very passionate about his work and he is always looking for new opportunities to make a difference in the world.

---

**Meet the Researcher**

Dr. Kevin Schneider

Kevin Schneider was a dad, always ready to be a dad, but I, of course, never thought that I was going to be a dad. It was a little bit of a surprise. I was always thinking about the future and what I wanted to do, what I wanted to accomplish. I had a PhD in molecular biology and I wanted to pursue a career in research. I was really interested in biotechnology and I wanted to do something that was going to make a difference in the world.

One day, I was talking to my lab manager and she mentioned that DEF was looking for a researcher to work on a project related to macular degeneration. I was very interested in that field and I thought that it would be a great opportunity to work on a project that could potentially have a significant impact on people’s lives. So, I decided to pursue that opportunity.

While working on this project, I discovered that there were some very interesting things that could be done with compounds that induced or protected against oxidative stress, which led to some of my key discoveries. One of the most exciting things that I discovered was that there were certain compounds that could prevent or delay the onset of macular degeneration.

This discovery was a turning point in my career and it has allowed me to continue my work on other diseases as well. I am really happy with the direction that my research is taking and I am excited about the possibility of making a real difference in the lives of people affected by macular degeneration.

Kevin Schneider is a researcher at DEF and is currently working on a project related to macular degeneration. He is very passionate about his work and he is always looking for new opportunities to make a difference in the world.

---

**Meet the Researcher**

Dr. Kevin Schneider

Kevin Schneider was a dad, always ready to be a dad, but I, of course, never thought that I was going to be a dad. It was a little bit of a surprise. I was always thinking about the future and what I wanted to do, what I wanted to accomplish. I had a PhD in molecular biology and I wanted to pursue a career in research. I was really interested in biotechnology and I wanted to do something that was going to make a difference in the world.

One day, I was talking to my lab manager and she mentioned that DEF was looking for a researcher to work on a project related to macular degeneration. I was very interested in that field and I thought that it would be a great opportunity to work on a project that could potentially have a significant impact on people’s lives. So, I decided to pursue that opportunity.

While working on this project, I discovered that there were some very interesting things that could be done with compounds that induced or protected against oxidative stress, which led to some of my key discoveries. One of the most exciting things that I discovered was that there were certain compounds that could prevent or delay the onset of macular degeneration.

This discovery was a turning point in my career and it has allowed me to continue my work on other diseases as well. I am really happy with the direction that my research is taking and I am excited about the possibility of making a real difference in the lives of people affected by macular degeneration.

Kevin Schneider is a researcher at DEF and is currently working on a project related to macular degeneration. He is very passionate about his work and he is always looking for new opportunities to make a difference in the world.